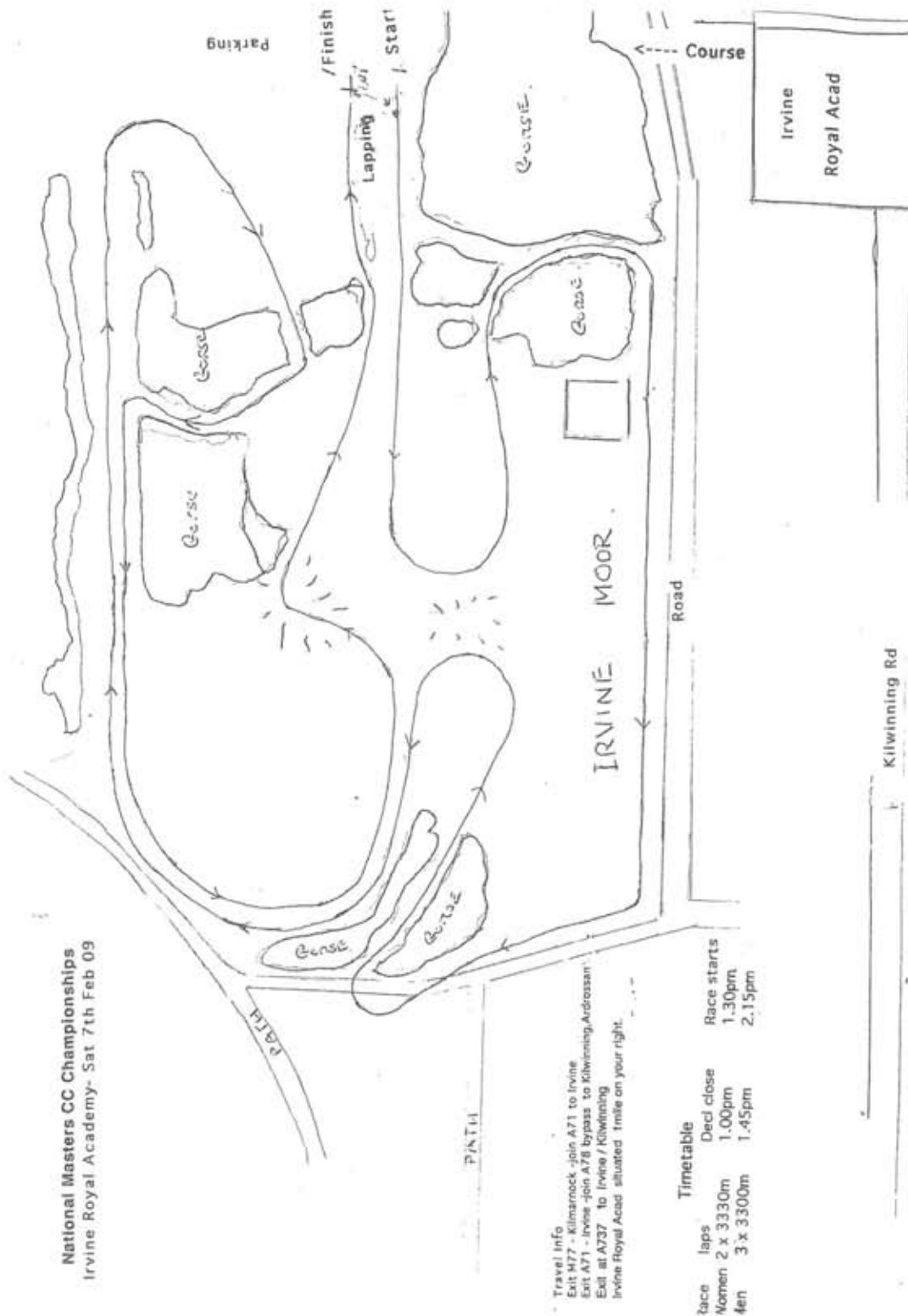




NATIONAL MASTERS CROSS COUNTRY CHAMPIONSHIPS

IRVINE (Royal Academy)

SATURDAY 7th FEBRUARY 2009

Women 6,600m 1.30pm
Men 9,900m 2.15pm

Referee	Robert McSwein
Officials Reception	Graham Sword, Alex Jackson
Clerk of Course	Bob Reid
Course Builders	Kevin Martin, Jim Young, Alan Robinson, Matt Ferguson, Bill Simpson
Judges/Funnel Control	Men: Alan Potts (Chief), Jim Semple, Robin Thomas Women: Marjory Cook (Chief)
Timekeepers	Duncan McLaren (Chief), Sheila MacDougall
Recorders (Places) Recorders (Time)	Anne McManus (Chief), Jean Youden, Ian Hislop Bill MacDougall,
Starter	Angus Cameron
Marksman	Jim Semple
Declarations	Margaret Daly (Chief), Anne McManus, David Campbell, Ron Cheyne
Results	Alex Jackson, Jen Jackson, Peter Jackson,
Announcer	TBC
Presentations	Alan Potts, Marjory Cook, Robin Thomas
Jury of Appeal	Marjory Cook, Robin Thomas, Alan Potts
Medical Services	St Andrews Ambulance Association
Host Club	Ayrshire Harriers
Reception	Alan Potts, Robin Thomas, Graham Sword
Convener	Jim Young

Masters Women

Declarations Close- 1.00

2008 Winner- Lyn Wilson (Carnethy Hill RC)

Race Starts - 1.30

2008 Team - Garscube H

Aberdeen AAC 298 Sonia Armitage (45) 301 Veronique Oldham (40)	Colours: White with 2 red hoops 299 Rhona Buchan (40) 300 Laura Mahady (50)
Bellahouston Harriers 302 Erica Christie (50)	Colours: Dark Blue with Light Blue Cross 303 Sharon Taylor (45) 304 Connie Hydes (40)
Bellahouston Road Runners 305 Emma Birnie (35)	Colours: Purple with White Band 306 Shona Donnelly (40) 307 Jacqueline McGuire (35)
Carnegie Harriers 308 Fabienne Thompson (40)	Colours: Orange & Green 309 Linda James (40) 310 Isobel Burnett (50)
Central AC 311 Jane Waterhouse (55) 314 Fiona Kelsall (35)	Colours: Yellow and Blue 312 Hazel Dean (45) 313 Polly Harrison (35) 315 Ainsley Normand (35) 316 Katie Whitehouse (40)
Clydesdale Harriers 317 Pamela McCrossan (45) 320 Ann Murray (40)	Colours: White with Black "C" 318 Kathryn Scott (45) 319 Marina McCallum (35) 321 Christine Duncanson (45) 322 Fiona McCue (35)
Dumfries Running Club 323 Lisa Finlay (35)	Colours: White with Maroon and Sky blue Hoops 324 Eleni Barbetsea-Baillie (45)
Edinburgh AC 325 Susan Ridley (40) 328 Jennifer MacLean (35)	Colours: White with one Blue, one Black Hoop 326 Karen Dobbie (40) 327 Sharyn Ramage (45) 329 Marietta Beal (35)
Fife AC 330 Jane Askey (65) 333 Carole Melville (65) 336 Jocelyn Scott (55)	Colours: White with Red Band 331 Innes Bracegirdle (50) 332 Phyllis Lemoncello (60) 334 Elizabeth Ann Millar (65) 335 Mary Mitchell (60)
Garscube Harriers 337 Alison Winship (35) 340 Mairi Stanley (35)	Colours: White with Blue Band 338 Lesley Chapman (50) 339 Heather McIntosh (45) 341 Kirsty Husband (40)
Greenock Glenpark Harriers 342 Terry Wall (40)	Colours: Sky Blue with Royal Blue and Gold Hoops 343 Dorothy McCormick (45) 344 Yvonne Prager (50)
Helenburgh AAC 345 Julia Henderson (35) 348 Emma Cummings (35)	Colours: Yellow with Red Band 346 Michelle Hetherington (40) 347 Tina Munro (40) 349 Anna Wylie (50)
Hunters Bog Trotters 350 Jane Hart (35) 353 Phyllis Mitchell (45) 356 Megan Wright (35)	Colours: Brown 351 Alexandra Kilgour (35) 352 Deborah MacDonald (45) 354 Fionn Nairn (45) 355 Sandra Rathjen (35)
Inverclyde AC 357 Claire Kelly (40)	Colours: Black & White Stripes

Irvine AC

358 Helen Morton (50)

Kilmarnock Harriers

361 Lindsay McMahon (35)
364 Marion Burns (45)

Kirkintilloch Olympians

366 Vivien Fraser (40)

Livingston & District AAC

369 Yvonne Crilly (45)

Lochaber AC

371 Dawn Scott (35)

Lothian Running Club

373 Saran Jones (45)
376 Lorna Eades (40)

Motherwell AC

378 Carole Munro (50)

Shettleston Harriers

380 Susan Breckenridge (40)

Springburn Harriers

383 Julie Barnett (35)
386 Frances Florence (45)

Teviotdale Harriers

389 Donna Inglis (40)
392 Catriona M Young (40)

Troon Tortoises AC

393 Moira Connell (45)

Victoria Park City of Glasgow

396 Christine Catterson (45)

Colours: Red with Black Trim

359 Elizabeth McGarry (55) 360 Mary Miller (45)

Colours: Royal Blue with 2 White Stripes

362 Paula Wilson (40) 363 Elizabeth McDermott (35)
365 Lorna Sloan (40)

Colours: Sky Blue with White and Black Hoops

367 Marie McChord (45) 368 Susan Addison (45)

Colours: Yellow with Green Stripe

370 Sue McDowall (50)

Colours: White with 2 Blue Hoops

372 Jo Schreiber (40)

Colours: Blue with Black letters

374 Lynne Murray (45) 375 Jill Horsburgh (45)
377 Helen Murray (45)

Colours: Red with White edging

379 Phyllis Hands (50)

Colours: Blue with Gold Band

381 Fiona Maxwell (45) 382 Christine Patterson (50)

Colours: Navy Blue with White Diamond

384 Caroline Brownlie (35) 385 Anne Bruce (55)
387 Lynne Marr (45) 388 Mary Gemmell (60)

Colours: White with Maroon Band

390 Sylvia Grieve (35) 391 Pamela Paxton (35)

Colours: Yellow with 2 Black Half hoops

394 Karen Robertson (40) 395 Anne Noble (45)

Colours: Blue and White Hoops

397 Jacqueline Thomson (45) 398 Susan Finch (45)

Masters Men

Declarations Close- 1.45

2008 Winner Robert Quinn (Kilbarchan AAC)

Race Starts - 2.15

2007 Team - Ron Hill Cambuslang

Aberdeen AAC

1 Frank Boyne (40)

Colours: White with 2 red hoops

Beith Harriers

2 David Hughes (55)

Colours: Black

Bellahouston Harriers

3 Iain Burke (60)
6 Stephen McLean (70)

Colours: Dark Blue with Light Blue Cross

4 Jeremy Garnett (50) 5 Stewart Collins (40)

Bellahouston Road Runners

7 Andrew Birnie (40)
10 Dougal Ross (35)

Colours: Purple with White Band

8 Robert McEwan (50) 9 Gerard Scullion (40)

Calderglen Harriers

11 Stuart Waugh (55)
14 Martin Duthie (45)
17 Alan Derrick (40)

Colours: Amber and Black Vertical Stripes

12 Benny Rooney (50) 13 Charles Steven (45)
15 Russell Couper (40) 16 David Watt (45)

Carnegie Harriers

18 Ian Johnston (50)
21 Allan Fotheringham (40)
24 Nicholas Weir (35)
27 Stephen Greer (50)

Colours: Orange & Green

19 Ian Stewart (50) 20 Lewis Lawson (45)
22 Mike Harvey (45) 23 Peter Simpson (45)
25 Andrew James (40) 26 Phil Smithard (60)

Central AC

28 Alex Milne (40)
31 George McHardy (55)
34 Liam McCabe (45)
38 Hugh Buchanan (45)

Colours: Yellow and Blue

29 Robert Hutchison (45) 30 Steve Laing (50)
32 John Dickson (60) 33 James Drummond (55)
35 Philip Hendry (45) 36 David Hay (55) 37 David Armour (40)
39 Philip Williams (35)

Clydesdale Harriers

40 James Austin (40)
43 Peter Rudzinski (55)

Colours: White with Black "C"

41 Gary Dick (40) 42 Gerard Montgomery (50)

Corstorphine AAC

44 Graeme Fletcher (45)
Bert Van Den Berg (45)

Colours: White with Black Trim

45 Grant Wilkie (40) 46 Martin Caldwell (55) 47 Jan-

Dumbarton AAC

48 Peter Walsh (50)

Colours: Black with Red Band

49 Frank Yeoman (60)

Dumfries Running Club

50 Leslie Hill (50)
53 James Grierson (50)

Colours: White with Maroon and Sky blue Hoops

51 Peter Hill (55) 52 Jonathan Dale (40)
54 Mike Trant (50)

Dunbar Running Club

55 George Gilhooly (45)

Colours: White with Green Diagonal

Dundee Hawkhill Harriers

56 Matthew Strachan (45)
59 Charles Love (65)
63 Roger Van Gompel (35)

Colours: Blue and White Quarters

57 Stephen Borland (50) 58 Brian Cook (45)
60 Stephen Cromar (70) 61 Stuart Kerr (50) 62 David Hanlon (50)
64 Stephen Mason (40)

East Kilbride AAC

65 Gordon Colvin (45)
68 Ralph Riach (45)

Colours: Gold with 2 Black hoops

66 David J. Condra (45) 67 Graeme Haddow (45)

Edinburgh AC

69 John Agnew (45)
72 William Gallacher (55)
75 Scott Innes (35)
78 Juan Mareque (35)
81 Lars Ottemoller (35)

Colours: White with one Blue, one Black Hoop

70 Roger Alsop (40) 71 Martin Ferguson (40)
73 Richard Hope (45) 74 Brian Howie (55)
76 Andrew Laycock (40) 77 Keith Lyall (45)
79 Alex MacEwen (50) 80 Walter McCaskey (70)
82 Eric Stevenson (55) 83 Neil Thin (45) 84 Adam Ward (45)

Falkirk Victoria Harriers

85 John Denholm (55)
88 Michael McQuaid (45)

Colours: Black with Gold Band

86 David Bunyan (55) 87 John Martin (50)
89 Andrew Ronald (40)

Fife AC

90 Douglas Gunstone (55)
94 Christopher Russell (35)

Colours: White with Red Band

91 Daniel Newman (40) 92 Craig Ross (50) 93 Tom Scott (55)

Forres Harriers

95 Douglas Cowie (55)
98 Paul Rogan (35)

Colours: Red

96 David Adam (40) 97 Hamish Cameron (60)

Gala Harriers

99 Robert Marshall (60)

Colours: White with Green Band

Garscube Harriers

100 Stephen Cullen (50)
103 David Geddes (50)
106 James Taylor (40)
109 Lindsay Cunningham (35)

Colours: White with Blue Band

101 Robert McLennan (45) 102 David W Dickson (50)
104 Frank Krieves (50) 105 Athole Smith (45)
107 Dermot Williamson (55) 108 Euan Mackay (45)

Greenock Glenpark Harriers

110 Robert Wilson (55)

Colours: Sky Blue with Royal Blue and Gold Hoops

Helensburgh AAC

111 Kevin Johnson (50)
114 Andrew Henderson (40)

Colours: Yellow with Red Band

112 Erwin Losekoot (40) 113 Alistair Wylie (50)

Hunters Bog Trotters

115 Duncan Baker (50)
118 Norman Gould (65)
121 Billy Minto (45)
124 Robin Thomas (50)

Colours: Brown

116 Steven Cairns (40) 117 Ian Campbell (40)
119 Craig Hunter (50) 120 Craig A McBurney (40)
122 Ivor Normand (40) 123 Mark Roberts (35)
125 James Thyne (50) 126 Richard Wall (50)

Individuals

127 William Russell (75)

Inverclyde AC

128 Gerard Gaffney (50)

Colours: Black & White Stripes

129 Robert Shaw (50) 130 Tom Tracey (55)

Inverness Harriers

131 George Mitchell (60)

Irvine AC

132 David Millar (35)
 135 Colin Miller (50)
 138 Ian Berryman (50)
 141 Michael Flinn (55)
 144 Peter Collier (45)

Kilbarchan AAC

146 James McMillan (65)
 149 Brian Graham (45)
 152 David Mewse (55)
 155 Thomas Hearle (40)

Kilmarnock Harriers

157 Scott Martin (40)
 160 Ronald Dalziel (40)
 163 Matthew Ferguson (55)

Larkhall YMCA

166 Tom Ord (50)

Law & District AAC

167 James Rowley (60)

Livingston & District AAC

168 Ian Leggett (65)

Lothian Running Club

170 David Bell (45)
 173 James Alexander (45)

Metro Aberdeen RC

174 John Matheson (40)

Milburn Harriers

175 Stephen Cowper (40)

Moray Road Runners

177 Ewan Paterson (55)

Nithsdale AC

178 William Mackintosh (55)

Perth Road Runners

179 Stephen Ferguson (50)
 182 Derek Phillips (45)

Pitreavie AAC

184 Jeff Farquhar (50)

Colours: Gold with Maroon Diagonal**Colours: Red with Black Trim**

133 Alex Allardyce (35) 134 Douglas Connery (40)
 136 Brian Craig (50) 137 James White (55)
 139 James Sneddon (40) 140 Finlay Dowell (45)
 142 Ian McManus (65) 143 Robert Nicol (60)
 145 Andrew Rennie (55)

Colours: Gold with Black Hoop

147 Ian MacDougall (45) 148 Donald Petrie (50)
 150 Robert Quinn (40) 151 James Snodgrass (40)
 153 Steven Hards (45) 154 John McMillan (35)
 156 Robert Connell (45)

Colours: Royal Blue with 2 White Stripes

158 Harald Bartl (50) 159 Connell Drummond (35)
 161 William Duffy (40) 162 Alan Brydon (35)
 164 Alasdair Murray (40) 165 Kenneth Wales (40)

Colours: Red with White Hoops**Colours: Amber with 2 Red Bands and 1 White Band****Colours: Yellow with Green Stripe**

169 Steven Thomson (45)

Colours: Blue with Black letters

171 Kenton Jones (45) 172 David Eades (40)

Colours: Black/Yellow Quarters**Colours: Light Blue with Dark Blue Diagonal**

176 Patrick Burns (50)

Colours: Dayglow yellow with Black Trim**Colours: Jade Green/Black/White****Colours: Green and White**

180 Neil Muir (45) 181 David Knight (40)
 183 Colin Campbell (65)

Colours: Navy/Yellow/White

185 Archibald Duncan (60)

Ron Hill Cambuslang Harriers

186 Ross Arbuckle (45)
 189 Colin Feechan (50)
 192 Jamie Reid (35)
 195 Stephen Wylie (35)

Shettleston Harriers

198 Desmond Crowe (45)
 201 Andy Little (45)
 204 John Duffy (40)
 207 Ian Johnston (40)

Springburn Harriers

210 John Bell (35)
 213 Stuart Gough (45)
 216 John Owens (50)
 219 Graham Crawford (50)

Strathearn Harriers

220 Ian Beattie (40)
 223 Will Manners (40)

Teviotdale Harriers

224 David Cavers (45)
 227 Alister Biggar (35)

Troon Tortoises AC

229 George McGregor (60)
 232 Gordon Dobbie (55)

Unattached

233 Arnott Kidd (70)

Victoria Park City of Glasgow

236 Joseph Doyle (55)

Westerlands CCC

239 Chris Upson (45)
 242 David Riach (40)

Colours: Red with White Band

187 Freddy Connor (55) 188 Colin Donnelly (45)
 190 Robert Goutcher (40) 191 Archie Jenkins (55)
 193 David Rodgers (40) 194 Kerry Liam Wilson (35)
 196 Greg Hastie (35) 197 Alexander Eaglesham (55)

Colours: Blue with Gold Band

199 Denis Williams (45) 200 William Coyle (45)
 202 John Oates (45) 203 Peter Carton (55)
 205 William Breckenridge (40) 206 David Jamieson (40)
 208 Malcolm Patterson (50) 209 Bill Maxwell (50)

Colours: Navy Blue with White Diamond

211 Alan Cairns (50) 212 Jim Cooper (45)
 214 Alan Hill (55) 215 Damian McAuley (40)
 217 Robert Young (40) 218 Colin Watson (45)

221 Gordon Morrison (50) 222 Philip Tipping (40)

Colours: White with Maroon Band

225 Alan Inglis (40) 226 Craig Grieve (35)
 228 Raymond Jaffray (40)

Colours: Yellow with 2 Black Half hoops

230 Charles Martin (45) 231 Alex Drain (50)

234 William Scoular (55) 235 Andreas Wilhelm (35)

Colours: Blue and White Hoops

237 Kenneth Mitchell (40) 238 Derek Watson Snr. (45)

Colours: Yellow with Black "W" on Back

240 Graeme Orr (60) 241 Daniel Reid (50)

PREVIOUS MALE MASTERS CHAMPIONS

M40	M60
1972 W.Stoddart (Greenock Wellpark H.)	1972 J.E.Farrell (Maryhill H.)
1973 W.Stoddart (Greenock Wellpark H.)	1973 H.Smith (Maryhill H.)
1974 C.McAlinden (Paisley H.)	1974 J.E.Farrell (Maryhill H.)
1975 C.McAlinden (Paisley H.)	1975 G.Porteous (Maryhill H.)
1976 C.McAlinden (Paisley H.)	1976 G.Porteous (Maryhill H.)
1977 W.Stoddart (Greenock Wellpark H.)	1977 G.Porteous (Maryhill H.)
1978 W.Stoddart (Greenock Wellpark H.)	1978 A.Forbes (Victoria Park AAC)
1979 W.Stoddart (Greenock Wellpark H.)	1979 J.E.Farrell (Maryhill H.)
1980 D.McGregor (Fife AC)	1980 A.Forbes (Victoria Park AAC)
1981 M.Craven (Edinburgh Southern H.)	1981 D.Morrison (Shettleston H.)
1982 A.Brown (Clyde Valley AC)	1982 G.Porteous (Maryhill H.)
1983 D.McGregor (Fife AC)	1983 J.Clark (Clyde Valley AC)
1984 R.Hodelet (Greenock Glenpark H.)	1984 J.Kelly (Shettleston H.)
1985 R.Hodelet (Greenock Glenpark H.)	1985 J.Clark (Clyde Valley AC)
1986 B.Scobie (Maryhill H.)	1986 M.Scott (Haddington ELP)
1987 B.Scobie (Maryhill H.)	1987 W.Temple (Unattached)
1988 C.Youngson (Aberdeen AAC)	1988 W.Marshall (Motherwell YMCA)
1989 C.Youngson (Aberdeen AAC)	1989 W.Marshall (Motherwell YMCA)
1990 G.Meredith (Victoria Park AAC)	1990 W.Marshall (Motherwell YMCA)
1991 I.Elliott (Teviotdale H.)	1991 W.Marshall (Motherwell YMCA)
1992 I.Elliott (Teviotdale H.)	1992 W.Stoddart (Greenock Wellpark H.)
1993 B.Kirkwood (Racing Club Edinburgh)	1993 A.Brown (Law & District AAC)
1994 B.Kirkwood (Racing Club Edinburgh)	1994 A.Brown (Law & District AAC)
1995 B.Kirkwood (Leslie Deans Racing C)	1995 B.Gauld (Carnethy HRC)
1996 B.Kirkwood (Leslie Deans Racing C)	1996 T.O'Reilly (Springburn H.)
1997 F.Clyne (Metro Aberdeen RC)	1997 T.O'Reilly (Springburn H.)
1998 E.Stewart (Ron Hill Cambuslang H)	1998 J.Maitland (Lochaber AC)
1999 K.Varney (Metro Aberdeen RC)	1999 B.Waldie (Carnethy HRC)
2000 C.Donnolly (Ron Hill Cambuslang H)	2000 B.Waldie (Carnethy HRC)
2001 C.Donnolly (Ron Hill Cambuslang H)	2001 G.Black (Fife AC)
2002 T.Murray (Inverclyde AC)	2002 S.Cromar (Dundee Hawkhill H)
2003 C.Meek (Lothian RC)	2003 A.Fowle (City of Hull)
2004 A.Robertson (Ron Hill Cambuslang)	2004 R.Young (Clydesdale H)
2005 A.Little (Shettleston H.)	2005 R.Young (Clydesdale H)
2006 A.Little (Shettleston H.)	2006 G.Mitchell (Inverness H)
2007 A.Little (Shettleston H.)	2007 A.Duncan (Pitreaire AAC)
2008 R.Quinn (Kilbarchan AAC)	2008 A.Duncan (Pitreaire AAC)
M45	M65
1989 A.Adams (Dumbarton AAC)	1989 T.Harrison (Maryhill H.)
1990 A.Adams (Dumbarton AAC)	1991 H.McGinley (Falkirk Victoria H.)
1991 A.Adams (Dumbarton AAC)	1992 W.Gillespie (Falkirk Victoria H.)
1992 A.Adams (Dumbarton AAC)	1993 W.Marshall (Scottish Veteran H.)
1993 C.Youngson (Aberdeen AAC)	1994 W.Marshall (Cambuslang H.)
1994 B.Emmerson (Teviotdale H.)	1995 W.Marshall (Cambuslang H.)
1995 B.Emmerson (Teviotdale H.)	1996 W.Marshall (Cambuslang H.)
1996 G.Sim (Moray Road Runners)	1997 W.McBrinn (Shettleston H.)
1997 B.Emmerson (Teviotdale H.)	1998 B.McFall (City of Edinburgh AC)
1998 B.Kirkwood (Mizuno RC)	1999 B.McFall (City of Edinburgh AC)
1999 B.Kirkwood (Mizuno RC)	2000 T.O'Reilly (Springburn H)
2000 B.Kirkwood (Mizuno RC)	2001 W.McCaskey (City of Edinburgh AC)
2001 F.Clyne (Metro Aberdeen RC)	2002 T.O'Reilly (Springburn H)
2002 I.Stewart (EZ Carnegie H)	2003 W.McCaskey (City of Edinburgh AC)
2003 G.Gaffney (Inverclyde AC)	2004 S.Cromar (Dundee Hawkhill H)
2004 B.Gardner (Swindon H)	

2005 E.Stewart (Ron Hill Cambuslang)
2006 I.Stewart (Carnegie H)
2007 C.Donnolly (Ron Hill Cambuslang)
2008 C.Donnolly (Ron Hill Cambuslang)

2005 S.Cromar (Dundee Hawkhill H)
2006 S.Cromar (Dundee Hawkhill H)
2007 S.Cromar (Dundee Hawkhill H)
2008 P.Cartwright (Clydesdale H)

M50
1972 A.Forbes (Victoria Park AAC)
1973 W.J. Ross (Garscube H.)
1974 G.Martin (Springburn H.)
1975 T.Harrison Maryhill H.)
1976 C.O'Boyle (Clydesdale H)
1977 R.Kane (Victoria Park AAC)
1978 W.Marshall (Clyde Valley H.)
1979 H.Mitchell (Shettleston H.)
1980 W.Marshall (Motherwell YMCA)
1981 W.Marshall (Motherwell YMCA)
1982 W.Stoddart (Greenock Wellpark H)
1983 A.Wood (Aberdeen AAC)
1984 W.Stoddart (Greenock Wellpark H)
1985 W.Stoddart (Greenock Wellpark H)
1986 W.Stoddart (Greenock Wellpark H)
1987 J.Irvine (Bellahouston H.)
1988 W.Stoddart (Greenock Wellpark H)
1989 J.Maitland (Lochaber AC)
1990 J.Linaker (Pitreaire AAC)
1991 D.McGregor (Fife AC)
1992 G.Armstrong (Haddington ELP)
1993 D.McGregor (Fife AC)
1994 A.Adams (Dumbarton AAC)
1995 A.Adams (Dumbarton AAC)
1996 A.Duncan (BT Pitreaire AAC)
1997 D.Gemmell (Clydesdale H.)
1998 C.Youngson (Metro Aberdeen RC)
1999 C.Youngson (Metro Aberdeen RC)
2000 C.Youngson (Metro Aberdeen RC)
2001 C.Noble (Metro Aberdeen RC)
2002 A.McLinden (Hamilton H)
2003 G.Sim (Moray Road Runners)
2004 B.Kirkwood (Phoenix Racers)
2005 B.Kirkwood (Lasswade AAC)
2006 F.Barton (Ron Hill Cambuslang H)
2007 E.Stewart (Ron Hill Cambuslang H)
2008 B.Gardner (Swindon H)

M70
1992 T.Harrison Maryhill H.)
2004 B.McFall (City of Edinburgh)
2005 W.McCaskey (City of Edinburgh)
2006 W.McCaskey (City of Edinburgh)
2007 W.McCaskey (City of Edinburgh)
2008 W.McCaskey (Edinburgh AC)
TEAMS (4 to score)
1972 Greenock Wellpark H.
1973 Springburn H.
1974 Springburn H.
1975 Springburn H.
1976 Springburn H.
1977 Edinburgh AC
1978 Springburn H.
1979 Edinburgh Southern H.
1980 Edinburgh Southern H.
1981 Clyde Valley AC
1982 Clyde Valley AC
1983 Edinburgh Southern H.
1984 Shettleston H.
1985 Shettleston H.
1986 Pitreaire AAC
1987 Pitreaire AAC
1988 Aberdeen AAC
1989 Aberdeen AAC
1990 Aberdeen AAC
1991 Teviotdale H
1992 Aberdeen AAC
1993 Teviotdale H
1994 Teviotdale H
1995 Dumbarton AAC
1996 Cambuslang H
1997 Cambuslang H
1998 Ron Hill Cambuslang H
1999 Ron Hill Cambuslang H
2000 Ron Hill Cambuslang H
2001 Ron Hill Cambuslang H
2002 Ron Hill Cambuslang H
2003 Shettleston Harriers
2004 Ron Hill Cambuslang H
2005 Shettleston Harriers
2006 Shettleston Harriers
2007 Shettleston Harriers
2008 Ron Hill Cambuslang H

M55
1989 H.Gibson (Hamilton H)
1990 H.Rankin (JW Kilmarnock AC)
1991 W.Gauld (Carnethy HRC)
1992 H.Rankin (JW Kilmarnock AC)
1993 W.Gauld (Carnethy HRC)
1994 H.Morrison (Edinburgh AC)
1995 J.Linaker (BT Pitreaire AAC)
1996 J.Linaker (BT Pitreaire AAC)
1997 J.Linaker (B Pitreaire AAC)
1998 P.Cartwright (Falkirk VH)
1999 G.Fleming (Westerland CCC)

M35
2006 S.Pride (Forres H)
2007 S.Cairns (Hunters BogT)
2008 D.Millar (Irvine AC)

2000 B.Young (Clydesdale H)
 2001 T.Dolan (Ron Hill Cambuslang H)
 2002 T.Dolan (Ron Hill Cambuslang H)
 2003 G.Mitchell (Inverness H)
 2004 C.Youngston (Metro Aberdeen RC)
 2005 T.Scott (Fife AC)
 2006 T.Scott (Fife AC)
 2007 G.Sim (Moray Road Runners)
 2008 E.Paterson (Moray Road Runners)

PREVIOUS FEMALE MASTERS CHAMPIONS

W35	W50
1993 S.Branney (City of Glasgow)	1993 S.Roger (Dundee Roadrunners)
1994 T.Thomson (BT Pitreavie AAC)	1994 J.Phillips (Lasswade AC)
1995 T.Thomson (BT Pitreavie AAC)	1995 J.Byng (Irvine AC)
1996 S.Armitage (Aberdeen AAC)	1997 J.Byng (Irvine AC)
1997 T.Thomson (B Pitreavie AAC)	1998 P.Lemoncello (Fife AC)
1998 L.Harding (Shettleston Ladies)	1999 P.Lemoncello (Fife AC)
1999 E. McBrinn (Shettleston Ladies)	2000 P.Lemoncello (Fife AC)
2000 L.Harding (Shettleston Ladies)	2001 H.Bradley (Pitreavie AAC)
2001 S.Ridley (Edinburgh WM)	2002 J.Stevenson (Falkirk Victoria H)
2002 E.McBrinn (Shettleston Ladies)	2003 J.Waterhouse (Central AC)
2003 E.Cochrane (City of Glasgow)	2004 J.Waterhouse (Central AC)
2004 S.Ridley (Edinburgh Southern H)	2005 J.Waterhouse (Central AC)
2005 S.Ridley (Edinburgh Southern H)	2006 J.Scott (Fife AC)
2006 A.Hepburn (Aberdeen AAC)	2007 J.Waterhouse (Central AC)
2007 C.Gemmell (Springburn H)	2008 E.Christie (Bellahouston H)
2008 L.Wilson (Carnethy HRC)	
W40	W55
1993 J.Stevenson (Falkirk Victoria H)	1993 M.Moore (Kilbarchan AAC)
1994 J.Stevenson (Falkirk Victoria H)	1994 M.Moore (Kilbarchan AAC)
1995 G.Hanlon (Dundee Hawkhill H)	1995 M.Moore (Kilbarchan AAC)
1996 L. McGarry (Irvine AC)	1996 M.Gallacher (Maryhill H.)
1997 J.Waterhouse (Central AC)	2003 P.Lemoncello (Fife AC)
1998 S.Branney (City of Glasgow)	2004 P.Lemoncello (Fife AC)
1999 T.Thomson (Pitreavie AAC)	2005 P.Lemoncello (Fife AC)
2000 T.Thomson (Pitreavie AAC)	2006 J.Stevenson (Falkirk Victoria H)
2001 S.Armitage (Aberdeen AAC)	2007 J.Stevenson (Falkirk Victoria H)
2002 F.Florence (Shettleston Ladies)	2008 J.Waterhouse (Central AC)
2003 S.Armitage (Aberdeen AAC)	
2004 H.Dean (Central AC)	W60
2005 H.Dean (Central AC)	2008 P.Lemoncello (Fife AC)
2006 F.Matheson (Falkirk Victoria H)	
2007 S.Finch (City of Glasgow)	W65
2008 S.Ridley (Edinburgh AC)	2008 C.Melville (Fife AC)

W45
 1993 M.Robertson (Dundee Roadrunners)
 1994 P.Lemoncello (Fife AC)
 1995 M.Robertson (Dundee Road Runners)
 1996 J.Stevenson (Falkirk Victoria H.)
 1997 J.Stevenson (Falkirk Victoria H)
 1998 D.Monteith (Loudoun Runners)
 1999 J.Waterhouse (Central AC)

TEAMS (3 to score)
 1993 Fife AC
 1994 Fife AC
 1995 Livingston & D AAC
 1996 Aberdeen AAC
 1997 B Pitreavie AAC
 1998 Shettleston Ladies
 1999 Shettleston Ladies

2000 J.Waterhouse (Central AC)	2000 Pitreavie AAC
2001 J.Waterhouse (Central AC)	2001 Shettleston Ladies
2002 P.Affleck (Gala H)	2002 Gala Harriers
2003 K.Mearns (Aberdeen AAC)	2003 Central AC
2004 H.Morton (Irvine AC)	2004 Perth Road Runners
2005 P.Rother (Lothian RC)	2005 Falkirk Victoria Harriers
2006 C.Lawless (Falkirk Victoria H)	2006 Falkirk Victoria Harriers
2007 F.Mathieson (Falkirk Victoria H)	2007 Falkirk Victoria Harriers
2008 S.Finch (VP Glasgow)	2008 Garscube Harriers

NATIONAL MASTERS CHAMPIONSHIP VENUES

2009 IRVINE
 2008 IRVINE
 2007 BATHGATE
 2006 FORRES
 2005 GLASGOW
 2004 CUPAR
 2003 FORRES
 2002 GLASGOW
 2001 ABERDEEN
 2000 CUMNOCK
 1999 HAWICK
 1998 TROON
 1997 EDINBURGH
 1996 ELGIN
 1995 HAWICK
 1994 TROON
 1993 ST ANDREWS
 1992 TROON
 1991 LINLITHGOW
 1990 DUMFRIES
 1989 ABERDEEN
 1988 CLYDEBANK
 1987 MUSSELBURGH
 1986 BISHOPBRIGGS
 1985 COATBRIDGE